



Who we are

We are a multidisciplinary team with input from psychologists, a clinical nurse specialist, psychiatrists, and a social worker.

We provide an outpatient service in addition to working with inpatients on forensic and mental health wards.

FORENSIC MENTAL HEALTH SERVICES

SPRINGFIELD UNIVERSITY HOSPITAL

SEXUAL BEHAVIOUR SERVICE

A Referrer's Guide


South West London and
St George's Mental Health
NHS Trust



Who is the service for

Men or women with a combination of mental health problems and a history of sexually inappropriate behaviour and/or sexual offending.

Partners of offenders*

Referrals are accepted from a range of sources including:

- Mental health teams
- Social services*
- Probation*
- Self-referrals (via GP)**

*Referrals of men or women without mental health problems and/or from outside the catchment area of the Trust are welcomed and subject to funding being agreed.

** If GP within Boroughs of Wandsworth, Merton, Sutton, Richmond.

Referral information should include GP details and relevant background material.

We do not usually accept referrals of anyone arrested or charged, but not yet convicted.

However, referrals are accepted in the absence of conviction, if there is substantive concern about sexual risk.

What we offer

Core functions of the service include risk assessment, clinical formulation, and opinion about likely response to treatment.

Following assessment, we give advice on risk management to the referrer. This may be accompanied by treatment or by consultation and liaison, including joint working and participating in the CPA process.

The team aims to tailor treatment to individual needs, and this may be delivered in groups, individually or a combination of both.

Our assessment and treatment approaches are evidence-based, and we aim to ensure that theoretical developments are integrated into our clinical practice.

What it's like

Treatment options include:

- The Partners and Relationships group: a 9-week group that is useful for men who would like to learn more about developing and keeping relationships, and for those who have ever had problems as a result of trying to meet a new partner or in their relationships in the past.
- Time-limited individual treatment, focusing on self-management, for people whose likelihood of reoffending is relatively low
- Longer term individual psychological therapy.
- Psycho-educative work for partners of offenders about how to maximise protective capacity.

Contact Details

To discuss the suitability of potential referrals please contact:

Dr Simon Wels
Consultant Clinical
Psychologist
Lead for Sexual Behaviour
Service
T: 0203 513 6729
E: simon.wels@swlstg.nhs.uk

OR

The Team Secretary
Shaftesbury Clinic
Springfield University
Hospital
61, Glenburnie Road,
London, SW17 7DJ
T: 0203 513 6065
(Secretary)

Outpatient appointments are held at Harewood House, Springfield University Hospital, Tooting, London SW17 7DJ.



How to find us

The nearest tube station to Springfield hospital is Tooting Bec (Northern Line), a 12–15-minute walk.

Bus G1 serves Springfield Hospital itself. On nearby Trinity Road there are buses 219 and 319.

On Upper Tooting Road there are buses 57, 155, 219 and 355. On Tooting Bec Road there are buses 249 and 319.